

Abstract of the Doctoral Dissertation

Author: MSc Eng. Arch. Anna Paszkowska-Thurow; **Title:** From Concept to Completion: Complexity in the Design and Delivery of Residential Interiors; **Institution:** Academy of Art in Szczecin; **Supervisor:** Dr hab. Mirosława Jarmołowicz, Professor of the Academy of Art in Szczecin; **Field:** Art; **Discipline:** Fine Arts and Conservation of Works of Art

This doctoral dissertation addresses the complexity of the design and realisation process in the context of shaping individual residential interiors. What served as the starting point was the assumption that the responsibility of an interior designer is not limited to the conceptual and design phase. In fact, it encompasses the entire investment cycle that leads to the creation of a physically realised work. In this approach, particular importance was placed on the continuity and coherence of decisions made in subsequent phases of the process and their impact on the quality of the final result.

The subject of the analysis and research was the creation of private living spaces, viewed in close relation to the needs, lifestyle, and individual circumstances of future users. The research problem focused on how to shape the process leading to the creation of an individual residential interior of high functional and use-related as well as artistic quality.

The primary research method employed in this work was research by design, supplemented by interventional, analytical, qualitative, simulation, and experimental methods. The conceptual framework was organised and original definitions were formulated, which was essential for the clarity of the argument and provided a framework for further analysis.

The dissertation consists of two complementary parts: theoretical and artistic. The theoretical part analyses the literature on the subject and the current state of research, pointing to the lack of a unified operational model applicable to the practical creation of individual residential interiors in the Polish context. A proprietary model for a comprehensive design and realisation process "from concept to realisation" was developed. It encompassed the phases of preliminary work, interior design concept, technical design, and realisation with authorial supervision. This model assumed the continuous participation of the interior designer throughout the entire investment process. Moreover, it integrated creative, research, and reflective activities. The structure of the process was presented in the form of an original diagram. At the same time, it was recognised that this process is not homogeneous. It varies depending on the type of residential interior and the initial situation, encompassing both internal and external factors. These relationships were identified, organised, and summarised in a table.

The artistic part of the dissertation presents the author's original achievement in the form of a realised residential interior design. This work constituted the tangible outcome of the proposed comprehensive process and served as a research tool. It also functioned as a case study of the applied research-by-design method.

The analyses conducted demonstrated that a comprehensive, multi-stage process improves the quality of individually designed residential interiors. The developed model provides a structured approach to the creative process "from concept to realisation" and can serve as a reference point for further research and design practices in interior architecture.